

Additional Information for CAMHS Scrutiny

1) Increasing Access to Child and Adolescent Mental Health Services – National NHS Targets

The NHS nationally has set a target for each CCG to be supporting 35% of the children and young people who could benefit from mental health interventions by 2020/21. For East and North Herts CCG national prevalence estimates are that there are 10,574 children and young people who need an intervention. Therefore 35% equates to 3,701 children and young people. For Herts Valleys the prevalence estimates are that 11,125 children and young people could benefit from an intervention. 35% is 3,894 children and young people.

There are also interim targets before 2020/21, with a target of 30% for 2017/18. Currently we are providing support to about 24% of children and young people in East and North Herts and 26% in Herts Valleys. There has been national debate about what services should be included in this target. Locally we have a number of services that are not counted in the current figures but are delivering useful interventions so our performance is being understated. Beverley Flowers (Accountable Officer, East and North Herts CCG) has written to the National Clinical Director for Mental Health asking for clarity around whether or not services that focus on online support can be included and discussions about how we count these towards the target have taken place with the national team. There has also been agreement that 16 and 17 year olds accessing adult IAPT services can be counted towards the target and this should increase our performance by about 3% in each CCG area alone. This leaves a gap of around 1,500 additional children and young people countywide who need to receive a service that can be counted towards the target by 2020/21.

In addition, through the CAMHS Transformation programme Commissioners have made additional resource available to increase capacity in the current Tier 2 provision. These are the Step 2 service provided by HCT and a number of community counselling organisations. We have also commissioned KOOTH, who provide support online. This has proved to be very successful with over 3,000 CYP currently registered. Commissioners are in the process of retendering the current Tier 2 provision.

2) A&E Referrals by Hospital

Data on Hertfordshire children and young people presenting with a mental health crisis in A&E was collected as part of a review in 2014. This identified the following breakdown of activity:

Hospital	Total number of children and young people presenting at A&E	Percentage of total
Lister Hospital, Stevenage	265	49.5%
Watford General Hospital	199	37.2%
QE2 Hospital, Welwyn	27	5.0%
Sub-total		91.8%
Barnet General Hospital	6	1.1%
Chase Farm Hospital, Enfield	4	0.7%
Luton and Dunstable Hospital, Luton	7	1.3%
Princess Alexandra Hospital, Harlow	25	4.7%
Stoke Mandeville Hospital, Aylesbury	1	0.2%
Whipps Cross University Hospital	1	0.2%
Total	535	100%

The primary responsibility for commissioning mental health support for people in acute hospitals sits with the lead CCG for that hospital. Therefore we are responsible for ensuring that everyone who presents at Watford General and Lister Hospitals receive good quality mental health assessments and Barnet CCG (for example) are responsible for services at Barnet General Hospital.

3) Hertfordshire's Children and young people's emotional and mental wellbeing board

Hertfordshire's Local Transformation Plan for CAMHS (child and adolescent mental health services) is overseen by the Children, young people emotional and mental wellbeing board.

The board is chaired by Herts Valleys Clinical Commissioning Group (CCG) Chief Executive Officer, Kathryn Magson, and meets every six weeks.

Board members include:

- Director of Children's Services, Hertfordshire County Council * (HCC)
- Assistant Director of Children's Services, HCC
- Director of Public Health, HCC *
- Health Improvement Manager, HCC
- Director of Commissioning, Herts Valleys CCG (HVCCG)
- Children, Young People and Maternity Programme Lead, HVCCG
- Director of Nursing and Quality, ENHCCG
- Head of Service and Senior Commissioning Manager, Integrated Health and Care Commissioning Team
- Head teacher representation

- CAMHS Transformation Manager, and communications manager
- Operations Director, Hertfordshire Community Trust (HCT)
- Director of Delivery and Service User Experience, Hertfordshire Partnership Foundation Trust (HPFT)

* also a member of the Hertfordshire Health and Wellbeing Board (HWB)

The board considers reports, agrees priorities and makes decisions on CAMHS service changes based on feedback from the Integrated Health and Care Commissioning Team (IHCCT), which commissions CAMHS services on behalf of East and North Hertfordshire CCG, Herts Valleys CCG and Hertfordshire County Council; Public Health and the CAMHS Transformation team.

Decisions are based on:

- National CAMHS priorities and targets
- The outcomes of the local CAMHS review
- Feedback from service users and carers
- Current service pressures, for example waiting lists
- The agreed iThrive framework for future service delivery

Regular board meeting agenda items include:

- Finance updates re CAMHS Transformation spending, e.g. extra investment in eating disorders services
- Service performance updates, e.g., community perinatal team usage
- Transformation update, e.g. testing new ways of working through the Innovation Fund
- CAMHS Transformation communications update, e.g. the development of www.healthyyoungmindsinherts.org.uk microsite
- National CAMHS updates, e.g. developments in Tier 4 inpatient services